



BritMo Bodies FITNESS & WORKOUT CLASSES

LET'S GET IN SHAPE OUTDOORS!!!

- BRIT & MO ARE CERTIFIED FITNESS TRAINERS
- BRIT & MO PRACTICE SOCIAL DISTANCING
- BRIT & MO WILL GET YOU IN SHAPE WHILE HAVING FUN
- BRIT & MO WORK WITH CLIENTS OF ALL AGES AND FITNESS LEVELS
- BRIT & MO ARE CERTIFIED NUTRITIONISTS
- BRIT & MO ARE CPR CERTIFIED
- BRIT & MO WILL TRAVEL TO YOUR CITY

ONE HOUR GROUP CLASSES ARE \$20 per person (3 PEOPLE MINIMUM)

*Discounted Packages Available

PERSONAL TRAINING AVAILABLE – CUSTOMIZED PRICING

TELL YOUR FRIENDS AND TEXT US TODAY!

310.809.8975 Brittani *certified fitness trainer ID#: 1234369

310.345.9482 Monisha *certified fitness trainer ID#: 1234359

